

Canyon Rim Children's Center

Snack Menu

January 14, 2019



"Adventures are no fun without snacks" –Delaney SMK

DAY	MORNING	AFTERNOON
MONDAY	SOY NUT BUTTER ON GRAHAM WAFERS	FRESH FRUIT AND VEGGIES & CHEESE
TUESDAY	CHEERIOS WHOLE GRAIN OAT CEREAL WITH NONFAT MILK	FRESH RED BELLS WITH HUMMUS
WEDNESDAY	FRESH TANGERINES & BROWN RICE CAKES	FRESH MINI TOMATOES & CHEESE STICKS
THURSDAY	FRESH BLUEBERRIES & WHOLE GRAIN TRISCUITS	FRESH CUCUMBER SLICES WITH LOW FAT PLAIN GREEK YOGURT
FRIDAY	FRESH BANANAS WITH SUN BUTTER	FRESH VEGGIES & CHEERIOS FRIDAY FUN MIX