

Canyon Rim Children's Center



“Adventures are no fun without snacks” –Delaney SMK

DAY	MORNING	AFTERNOON
Monday	FRESH APPLES & SUNBUTTER	FRESH VEGGIES & CHEESE
Tuesday	FRESH ORANGES & WHEAT THINS	MARINARA & PITA SLICES
Wednesday	FRESH BERRIES & LOWFAT VANILLA YOGURT	BLACK BEAN SALSA & TORTILLA STRIPS
Thursday	FRESH BANANAS & CINNAMON RAISIN BREAD	WHOLE WHEAT RITZ & CHEESE STICKS
Friday	FRESH CUCUMBERS & TRISCUIT SQUARES	FRESH FRUITS AND VEGGIES & CHEX SNACK MIX